

Indian River Marina (860) 664-3704

PADDLING GUIDELINES

- **Wear your life jacket!** If you capsize. Stay with the boat.
- **Paddlers do not have the right of way!** Stay out of the way of other boats.
- **DO NOT travel in marked boat channels** (red lines on map). Cross them as quickly as possible.
- Keep an eye on the sky. If you see thunder clouds, get to shore.
- Avoid dragging the boats or pushing off of things with your paddle.
- ***Indian River Cautions:***
 - Do not go under bridge at Route 1. It is narrow and boats can get stuck sideways.
 - Watch out for boats navigating the river and into slips.
- ***Hammock River Cautions:***
 - Waterside Lane bridge (by town beach) is impassable at high tide and extreme low tide.
 - **Do not go anywhere near the causeway** (road/bridge) on Hammock River! Water rushes under when tide comes in. There is danger of getting pinned against it or pulled under the roadway.
- ***Hammonasset River Cautions:***
 - Watch out for boat traffic!
 - Stay out of main channel.
 - At low tide, tidal flats appear (edges are very muddy).
 - Turn around when you reach 1-95 (highway).
- ***Beaches:***
 - Always pull boats up and out of the water far enough so they don't float away on an incoming tide.
 - Cedar Island is private property wherever there are cottages located. Ok to use beach at west end where there are no houses. Approach from south.
 - Clinton Town Beach: do not paddle or go ashore in swimming areas.
 - Rip tides at Miegs Point make it dangerous to paddle to Hammonasset State Beach.

LEAVE LIFE JACKETS, PADDLES, MAPS & DRY BAGS IN BOATS WHEN YOU RETURN

