

HAVE FUN!

PADDLING GUIDELINES

STAY SAFE!

- **Wear your PFD** (life jacket). If you capsize, **stay with the boat** (keeps you visible / gives you something to hang onto).
- **Paddlers DO NOT have the right of way** – stay out of the way of all other boats.
- **DO NOT** travel in marked boat channels – OK to cross, but do so quickly.
- **Keep an eye on the sky** – if you see thunder clouds forming, get back to shore immediately.
- Please do not drag the boats and do not “pole” with the paddles.
- Blades on paddles are pre-feathered – do not try to adjust as they will break and we will have to charge you for a paddle.
- **Indian River cautions:**
 - Do not go under bridge at Post Road (Route 1) – boats are longer than width of bridge and can get stuck sideways.
 - Watch for boats trying to navigate the river and into slips.
- **Hammock River cautions:**
 - Waterside Lane bridge (by town beach) is impassable at full high tide or extreme low tide.
 - Do not get close to causeway (road/bridge) on the Hammock River because water rushes under when tide is incoming—there is danger of getting pinned or swept into tunnel under the roadway. Turn around at the osprey nest.
- **Hammonasset River cautions:**
 - Three big marinas are located at lower end of the river/inner harbor – watch for boat traffic!
 - Stay out of main channel.
 - At low tide, edges are very muddy particularly at “tidal flats” noted on map (reverse).
 - Turn around when you reach I-95.
- **Beaches:** (always pull boats far enough out of water to avoid having them float away if tide is rising)
 - Cedar Island is private property on eastern end with cottages. OK to use beaches on western end and can access from both inner and outer harbor. At low tide, better to approach from outer harbor.
 - Clinton Town Beach (eastern side of harbor) – be sure not to go ashore in swimming areas.
 - Rip tides at Miegs Point make access to Hammonasset State Beach dangerous at certain times of the tide cycle.

LEAVE LIFE JACKETS, PADDLES, MAPS & DRY BAGS IN BOATS WHEN YOU RETURN